



ABERDEEN

PUBLIC SCHOOL

TERM 1 WEEK 9

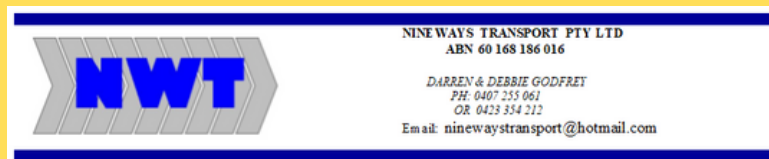
2024

28th March 2024

A message from the Principal

Aberdeen PS hosted a Pancake Breakfast for students and families in the lead up to Easter. Students were able to make Easter Hats and prizes were awarded to: Most Colourful - Isaac M., Biggest Hat - Charlie M., Smallest Hat - Noah H., Best Constructed - Louie B., Most Innovative - Beau M., Prettiest - Mackenzie P., Most Elaborate - Jack A.. Thank you to Nineways Transport for generously donating supplies for the Pancake Breakfast. We are humbled by your offer of support and more so by Darren's donation of his time in the canteen to prepare the pancakes. Thanks also to APS staff for your assistance.

THANK YOU



Many thanks to the Stage 3 helpers who gave up their break time over the last week to work with Miss Jess and Mrs Kerrigan to assist younger peers. It was wonderful to see so many colourful and decorated hats. Students also enjoyed an Easter Egg Hunt today courtesy of our P & C who donated the eggs. 🐰🥚

It's always a pleasure to welcome families into our school and days like this are a wonderful opportunity for our community to celebrate our students.



Debaters get a head start on the competition

A group of keen public speakers attended a Debating Workshop in Singleton on the 12th March. Rubi B., Callie K., Arley L., Maddison N., and Olivia R. described the day as very worthwhile and are excited to put what they learned into practice when the debating competitions commence a little later in the year. Thank you to Mrs Edwards and parents for accompanying students and assisting with transport.





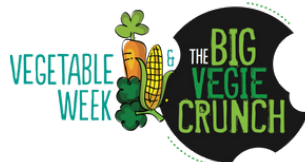
U.H.P.S.S.A Basketball

On Monday, Sam, Koby and Jaden competed in the U.H.P.S.S.A Basketball Trials. All three boys showcased their skills during the drills component of the day and played well during their games. Unfortunately, they were unsuccessful in gaining a position in the Hunter team. We are extremely proud of the boys and the effort and sportsmanship they displayed during the day.



U.H.P.S.S.A Rugby League

Yesterday, Sam, Tye, Jett, Sonny and Boston travelled to Salamander Bay to participate in the U.H.P.S.S.A Rugby League Trials. It was a new experience for most of the boys and although they were unsuccessful in selection for the Hunter Team, we are incredibly proud of the boys and their efforts.



Students and teachers got to taste a range of delicious fruit and vegies as part of Vegetable Week. Thanks to Mrs Mooring for organising this experience.



Stuart from Reptile Solutions was impressed with the level of questions asked by our Kindergarten students during his visit to Aberdeen PS.



Cultural Group

This term, Cultural Group have been learning about Aboriginal and Torres Strait Islander art and how music is an expression of people's identity, culture, spirituality and relationships to Country. Drawing inspiration from these artists and musicians, students created their own works of art that connect them to their personal cultural identity. We even had a go at making a bullroarer and learning about it's cultural significance. If you don't know what a bullroarer sounds like, you could mistake it for a helicopter!





Award Recipients Week 9

K Lime

1/2 Blue

1/2 Indigo

3/4 Green

3/4 Magenta

5/6 Black

5/6 Orange

Nova B-M.

Hannah S.

Darcy C.

Billy F.

Sienna B.

Miley C.

Rubi B.



2024 Hunter River Health Check (HRHC)

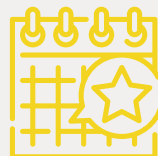
We would like to thank Mr Shane Roberts - Principal of Belltrees Public School who recently visited to discuss a citizen-science project. The HRHC is running for the second time in 2024 and has the following objectives:

- Identify and monitor health markers of the Hunter River.
- Understand challenges and solutions to the Hunter River's ecosystem.
- Recognise the risk facing threatened flora and fauna connected to the Hunter River.
- Appreciate and acknowledge the connections Indigenous people have with the Hunter River.
- Investigate the social and economic importance of the Hunter River in our communities.

It was great to see our Years 5 and 6 students learning and showing interest in the health and importance of our local river system. Thanks to Mr Ramage for working with Mr Roberts to actively engage our senior students in this environmental study.

APS staff would like to wish families a safe and happy long weekend.

We look forward to seeing students at school on Tuesday wearing their summer uniform, ready for school photos.



IMPORTANT DATES

- Thursday 28th March - Hunter Boys Cricket Trials
 - Stage 3 Excursion Permission & deposit due
 - Year 7 High School 2025 EOI Due
- Friday 29th March - GOOD FRIDAY PUBLIC HOLIDAY
- Monday 1st April - EASTER MONDAY PUBLIC HOLIDAY
- Tuesday 2nd April - SCHOOL PHOTOS
- Wednesday 3rd April - Walk the Cross Country Course
- Tuesday 9th April - Fathering Project 5-6pm
- Wednesday 10th April - Cross Country
- Friday 12th April - Last day of Term 1



2024 ANZAC Day

The Aberdeen RSL sub-Branch

cordially invite

Aberdeen Public School students and staff

to attend the ANZAC Dawn Service at 5:40am,
followed by breakfast.

Parade to form up in Bedford Street at 8:30am
for the march to Aberdeen RSL & Citizens Club for the
service at 9:30am.



Aberdeen RSL & Citizens Club

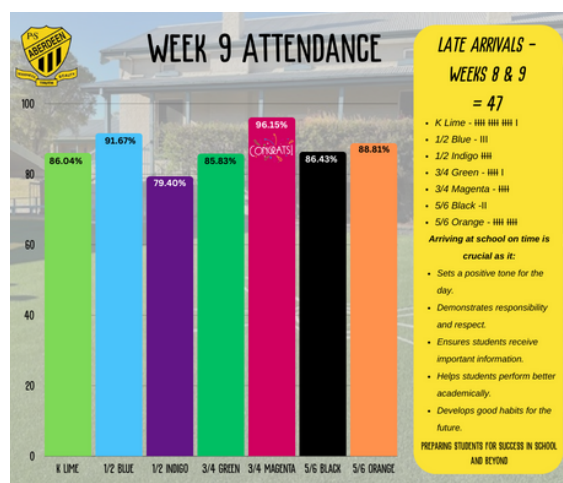
23 Moray Street, Aberdeen



You are invited to lay a wreath at the Cenotaph.



Aberdeen PS staff will
meet students who are
joining the march in
Bedford Street in front of
the Pre-School at 8.15am.



MEETING

P&C Meeting Wednesday 3rd April at 6.00pm
in the Staffroom

Thank you to everyone who supported the P&C
Easter Raffle, together we raised \$1587.50

Congratulations to the Watson and Coward families
who were our raffle winners.



COMMUNITY NOTICES

Good for kids good for life

What makes a balanced lunchbox?

A balanced lunchbox is made up of everyday foods from the five food groups: grain foods, fruit, vegetables, dairy/alternatives and meat/alternatives. Eating a range of everyday foods will give kids energy to learn, grow and play!

Follow this guide for packing an easy everyday lunchbox:

Crunch&Slip: 1 serve of vegetables or fruit

Recess: 1 serve of vegetables or fruit & 1-2 everyday snacks

Lunch: A meal made with everyday ingredients such as sandwich, wrap, roll or leftovers

Drink: Water and/or reduced fat plain milk

Don't forget to pack an **ice brick** or **frozen water bottle** to keep food cool and safe!



Developed by Hunter New England LHD



United Kids Good for Kids website: www.unitedkids.org.au

Good for Kids acknowledges the traditional owners and custodians of the land that we live and work on as the first people of this country, and pay our respects to Elders past and present.



CALLING ALL GIRLS

Aged U12s U14s or U16s ????

Our Girls League Tag teams are
seeking additional players for
2024!

REGISTER NOW

Nutrition Snippet

HEALTHY GRAB-AND-GO SNACKS

Making homemade snacks can be cheaper, healthier and better for the environment, but sometimes you just need a **grab-and-go snack** that is not packed with sugar, salt and saturated fat.



Read our blog to find out our top **8 grab-and-go snacks** to pack when time is low

healthylunchbox.com.au

 Cancer Council
Healthy Lunch Box



ABERDEEN PUBLIC SCHOOL

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<https://aberdeen-p.schools.nsw.gov.au/>

APS Term 1 Calendar

		MON	TUES	WED	THURS	FRI
JANUARY	Week 1	29	Staff Development Day 30	Staff Development Day 31	Students Return for Term 1 2024 1	2
FEBRUARY	Week 2	Swimming Carnival 5	6	7	8	9
FEBRUARY	Week 3	Healthy Harold 12	Healthy Harold 13	Healthy Harold 14	15	16
FEBRUARY	Week 4	19	20	Vision Screening Year 1 21	Zone Swimming 22	23
FEBRUARY MARCH	Week 5	26	27	28	29	1
MARCH	Week 6	4	5	6	7	Rugby League Clinic 8
MARCH	Week 7	11	Hunter Swimming 12	13	Power FM Breakfast 14	Rugby League Clinic 15
MARCH	Week 8	18	Reptile Solutions 19	20	21	Rugby League Clinic 22
MARCH	Week 9	Hunter Basketball Trials 25	Youth Council Meeting Pancake Breakfast & Easter Hat Comp. 26 	Hunter Rugby League Trials Year 7 2025 Enrolment to be completed 27	Hunter Boys Cricket Netball Schools Cup 28	Good Friday 29
APRIL	Week 10	Easter Monday 1	School Photo Day 2 	P&C Meeting 6.00pm 3	4	Rugby League Clinic 5
APRIL	Week 11	Parent/Teacher Meetings 8	Fathering Project 5-6pm 9	Cross Country 10	11	Rugby League Clinic LAST DAY OF TERM 1 12