

# Newsletter 28



2022 - TERM 3 WEEK 10

As Term 3 comes to an end, I wish all our families a safe and happy holiday. Hopefully, the Spring weather will be pleasant enough for you to enjoy some relaxing time outdoors and we look forward to welcoming everyone back on Monday 10th October for the final school term for 2022. Term 4 will finish on Monday 19th December.

During the holiday break, contractors will be on school grounds working on two different projects. Hunter Landscaping and Fencing will be constructing our outdoor yarning circle at the corner of Graeme and Segenhoe Streets. This space will provide an additional outdoor space for informal chats, mindfulness and reflection activities, and cultural experiences.

## BUSY BEES

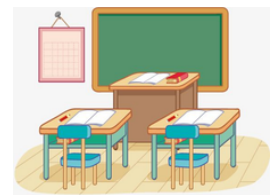
It is wonderful to welcome our **Busy Bees** to APS for Kindergarten transition. This Friday, the school is hosting the second information session for parents. Mrs Kerrigan will discuss the new K-2 English and Mathematics curriculum and our P&C representatives will be sharing what they do to help our students and school. Tea/coffee will be provided, please join us in the hall at 11.30am if interested.

## LIONS CLUB BREAKFAST & COIN LINE

This Friday morning from 8-9am, the Aberdeen Lions Club is shouting our students a sausage sizzle breakfast to say thank you for supporting the 5 cent drive and helping to raise funds for research into childhood cancers. Adults are welcome to join their child for breakfast for a gold coin donation.

## OPEN CLASSROOMS AFTERNOON TODAY WEDNESDAY 21ST SEPTEMBER

Parents, carers and students are invited to attend our open classroom afternoon today from 3.30 until 5pm. Sausage sizzle will be provided. Teachers will be available for an informal chat.



## Tell Them From Me

### Parent Survey

Parents, students and teachers at Aberdeen Public School are invited to take part in the Tell Them From Me Survey.

#### Student Survey

The Tell Them From Me student survey asks students about a range of school experiences, including their engagement and wellbeing at school and beyond. It also asks students about teaching practices and the learning environment. The survey takes about 20 minutes to complete. Students will be taking part in the survey when school resumes in Term 4. If you do not wish your child to participate in Tell Them From Me, please contact the school to complete a non-consent form before Wednesday 12th October.

#### Parent Survey

The parent survey includes questions on communication between parents and staff, activities and practices at home, and parents views on the school's support of learning and positive behaviour. The survey results help to build an accurate and timely picture of parent's perspectives that we can use for practical improvements. The survey is anonymous. We encourage all parents to complete the survey. If you have more than one student at school, you may choose to complete the survey more than once to reflect different perspectives and experiences. You can access the survey using the below link

<http://nsw.tellthemfromme.com/aps2022>

# School News

Thank you to Upper Hunter Shire Council for their generous donation of extra FOGO bins.

These bins will be used to assist us in collecting our food scraps that we use for composting and feeding our chickens. Many thanks to our Year 5 students who have been instrumental in using their Mayor for a Day entries to persuade the Upper Hunter Shire Council to donate the bins. This is part of the group sustainability project they have been working on as part of the Year 5 Leadership Program.



**REDUCE  
REUSE  
RECYCLE**



## PUBLIC HOLIDAY - Thursday 22nd September 2022

National Day of Mourning in honour of Her Majesty, Queen Elizabeth II.



Please DO NOT send your child to school on this day.



### LOST PROPERTY

Our lost property baskets are overflowing.

Any items (without names) that cannot be returned will be disposed of at the end of term. Please write your child's name on all their items so we can return them.

Parents are welcome to look for their child's lost belongings. Lost property is located on the verandah of the Administration building.

If you are unable to check for lost items, please ask your child to look.

## COVID ISOLATION CHANGES

Please note there are updated guidelines for isolation periods for positive cases of COVID-19 who are **symptom-free after 5 days**.

Following a [National Cabinet announcement](#) in late August, the isolation period for positive COVID-19 cases was reduced from 7 days to 5 days effective Friday 9 September with the following caveats:

- This applies only to people with no symptoms on day 5.
- 7 days isolation would remain for workers in high-risk settings including residential aged care, residential disability care and those providing care in the home.

NSW Health has updated the [NSW Public Health Order \(PHO\)](#) to reflect National Cabinet's announcement.

The department's position, in line with the decision by National Cabinet and reflecting the changes to community settings, is as follows.

In mainstream school settings (including boarding schools) staff, students and visitors who have tested positive to COVID-19 must:

- complete 5 days of self-isolation from the date they tested positive
- be symptom free before returning to school
  - if symptoms remain after 5 days, remain in self-isolation for 7 days from the day they tested positive and continue following NSW Health guidelines
- complete a RAT and return a negative result before attending school on days 6 and 7 after testing positive to COVID-19
- wear a mask on days 6 and 7 when attending school (for all staff and those students aged 12 years and older).

Let's celebrate!



# CONGRATULATIONS to our Award Recipients

## SILVER BAR

Kash L.

## EXCELLENCE AWARD

**Beau M.** - striving to improve his understanding and work towards his maths goals.



**ATTENDANCE  
AWARDS WEEKS 6 -10  
WILL BE HANDED  
OUT AT THIS  
ASSEMBLY.**

K LIME  
1 YELLOW  
2 PURPLE  
2 RED  
3/4 BLACK  
3/4 ORANGE  
5 GREEN  
6 MAGENTA

## PBL AWARDS

Elijah F.	Personal Best
Billy F.	Responsibility
Jack A.	Responsibility
Ryder R.	Personal Best
Coby R.	Respect
Koby I.	Personal Best
Grace P.	Personal Best
Joseph V.	Responsibility

## MERIT AWARDS

K LIME	Hannah S.
1 YELLOW	Ethan L.
2 PURPLE	Alyssa C.
2 RED	Reed O.
3/4 BLACK	Travis B.
3/4 ORANGE	Rubi B.
5 GREEN	Kade G.
6 MAGENTA	Harper H.

**Assemblies will be held on Friday at 2pm**

# Important Dates

**Wednesday 21st September** - Open Classroom Afternoon



**Thursday 22nd September** - School closed due to Public Holiday



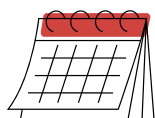
**Friday 23rd September** - Lions Club Breakfast



**Friday 23rd September** - Last Day of Term 3

**Monday 10th October** - Students return for Term 4

**Thursday 13th October** - Stage 3 Science Fair





# Community Notices



**THIS PROGRAM IS FREE BUT BOOKINGS ARE ESSENTIAL**

Lunch provided so please advise us of any allergies

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**FREE SCHOOL AGED HOLIDAY PROGRAMS AT THE WANARUAH LAND COUNCIL**



02 6543 1288 FOR BOOKINGS

**SCHOOL HOLIDAYS AT THE LAND COUNCIL**

Join us during the school holidays, for our free holiday program proudly sponsored by AGL.

**WHAT'S ON WEEK 1**

BISCUIT MAKING	ARTS AND CRAFTS	WHAT'S ON WEEK 1 AND 2 ON FRIDAYS
MONDAY 26 <sup>th</sup> SEPTEMBER 10AM TO 12PM Make some yummy biscuits to take home to share with your family.	WEDNESDAY 28 <sup>th</sup> SEPTEMBER 10AM TO 12PM Create your very own unique art piece. Learn to use some different textures and techniques with a range of mediums.	<b>Aboriginal Weaving and Art</b> FRIDAY 30 <sup>th</sup> SEPTEMBER AND FRIDAY 7 <sup>th</sup> OCTOBER 10AM TO 12PM Join local artist Ross Thompson to learn the art of weaving and painting.
GAMES DAY	BAKING DAY	
TUESDAY 27 <sup>th</sup> SEPTEMBER 10AM TO 12PM 28 September 10am to 12pm Join the fun and see how many games you can play in one day.	THURSDAY 29 <sup>th</sup> SEPTEMBER 10AM TO 12PM Do you have what it takes to be our latest Master Chef?	

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## Towarri National Park – Washpools Junior Ranger

**Towarri National Park—Washpools picnic area**  
**Tuesday 4th October, 2022**  
**10am – 12pm**

Join a NPWS guide for a walk along the banks of Middle Brook to the Washpools waterhole. Discover the amazing variety of plants and animals that live here and how they survive in this magical park. Come along to find out what a ranger does to protect the unique features of this beautiful park.

This adventure will help you understand the important role of workers in a national park, and how you can help to conserve and protect these special places. Discover what role our future environmental leaders can play in preserving these important places into the future.

Weather can be unpredictable so please be well prepared for your adventure. Please wear fully enclosed shoes and bring insect repellent, water and snacks.

**BOOKINGS ESSENTIAL—Fees apply**

For more information or to book please visit:  
[Junior ranger: Towarri National Park NSW National Parks](#)  
or call 1300 072 767 (13000 PARKS)

Photo: Adam Hollingsworth/DPIC  
DPIC/MAY2019



## Circle of Security PARENTING GROUP



### Who is this group for?

An eight week Parenting Group for parents with babies and children up to 5 years of age.

The group is designed to enhance the bond and sense of security for both parent/carer and child in their relationship by:

- Giving parents a roadmap as a way to better understand their children's needs.
- Inviting parents to reflect on their own experiences of being parented and how it impacts on their parenting.
- Providing a safe environment where parents can explore their strengths and struggles.

It is a closed group which builds on from week to week, so commitment to attend is expected.

**DATE:** This group runs for eight Thursdays commencing Thursday 29th September 2022.

**TIME:** 10am – 12pm

**LOCATION:** Shop 48 Marketplace Shopping Centre, 22 Sowerby Street, Muswellbrook NSW 2333.

**COST:** Free of charge

**BOOKING:** Essential! Places are limited. Book online at [www.tresillian.org.au/courses/](http://www.tresillian.org.au/courses/) for parents

**Tresillian Parent's Help Line**  
**1300 272 736**  
7am – 11pm 7 days



[tresillian.org.au](http://tresillian.org.au)



## REGISTER NOW FOR OUR 2022 CHAMPIONSHIP SEASON

**FIRST CLUB NIGHT**  
**WEDNESDAY 12 OCTOBER 2022**

Be part of the fun:

- Participate in heats for freestyle, backstroke, breaststroke and butterfly!
- Improve your time each week!
- Improve your swimming!
- Loads of fun with your friends!
- Championships at the end of the season!

Register online - <https://scone.swimming.org.au/>  
Click on JOIN NOW

New members need to register with Swim Central (Region: New England North West; Club: Scone Swimming Club)

Existing members sign in using your existing Swim Central login details.

**COST**  
Swimming Member - \$110  
Non-Swimming Member - \$20

**ACTIVE KIDS VOUCHERS ACCEPTED**

**SEASON DATES**  
2022 12 October to 14 December  
Break for Christmas Holidays  
2023 1 February to 1 March  
Championships 8-29 March 2023

Wednesday nights  
5:45pm for a 6pm start

Ages 5 and up  
Must be able to swim  
25m

New members always  
welcome

SCONE SWIMMING CLUB  
PO Box 230  
Scone NSW 2337  
<https://scone.swimming.org.au/>  
Contact: Scone Swimming Club Registrar  
[registrarscone@swimming.org.au](mailto:registrarscone@swimming.org.au)

### PLEASE NOTE

As this season is a Championship Season it is essential that swimmers are nominated in their desired heats each week. No nomination = no qualifying time



Registrations now open and are done online at Little Athletics NSW.

Cost: Tiny Tots \$100, U6 to U17 \$110. Active Kids Voucher accepted.

First night Friday 14 October, 6pm, Harrison Oval, Jefferson Park, Aberdeen. No activities during school holidays. Season concludes mid to late March 2023.

**MAJESTIC CINEMAS**

21 Ryan Avenue  
Singleton  
Ph: 652715233



**\$10.50 pp**  
**DISCOUNT TICKET VOUCHER**

VALID UNTIL: 3rd October 2022

Join the Majestic Movie Club and take advantage of DISCOUNTED tickets and candy bar everyday. For more information head to our website.

\*T&Cs: Voucher not available with any other offer. Must be surrendered or shown via phone at the box office to receive offer. Not valid for special events. Valid for up to 4 tickets per use.



Sept 2022  
What's the Goss  
Hunter Park Family Centre  
58 Wollombi Rd, Muswellbrook

**Muswellbrook Skatepark  
FREE SKATE WORKSHOP**

**Saturday  
8 Oct  
2pm - 6 pm**

**FREE!**

Spots limited. Bookings essential.  
To register scan QR code or visit  
TOTEMSKATEBOARDING.COM

**Skate  
Event**

Totem are coming to  
Muswellbrook Skate  
Park in the school  
holidays! Saturday  
8th October - this is  
FREE event.  
Participants are  
required to book on  
Eventbrite as spots  
are limited!

<https://www.eventbrite.com/australia/muswellbrook-skatepark>

TOTEM UPPER HUNTER COMMUNITY SERVICES INC. muswellbrook shire council

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Phone: 6543 3566 • www.ahc.org.au

**FREE**

**ABORIGINAL  
CULTURAL  
DAY**

10.30am-1.00pm  
**FRIDAY, 30 SEPTEMBER 2022**  
Hunter Park Family Centre  
58 Wollombi Rd, Muswellbrook  
Children must be accompanied by a parent or carer.

**BOOKINGS ESSENTIAL**  
Call **6543 3566** or 6542 3555.

**GET UP!  
STAND UP!  
SHOW UP!**  
3-40 JULY 2022

PROUDLY FUNDED BY  
Aboriginal Affairs NSW

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**GET UP!  
STAND UP!  
SHOW UP!**

**NAIDOC WEEK**

**SINGLETON NAIDOC  
FAMILY FUN DAY 2022**  
Wednesday 28 September  
10am-3pm  
Singleton Showground

Welcome Ceremony  
Flag Raising Ceremony  
Free BBQ  
Cultural Activities  
Kooriole, Jumping Castles  
30 Plus Services • Community Stalls  
Elders Tent

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**Bake Bake Bake—Filling  
Kid's Lunchboxes**

When: 27 Sept 2022  
Time: 11am to 1pm  
Where: HPFC, 58 Wollombi Rd

Come along and bake goodies for your kids lunch boxes.  
Ring 65433566 to register

**Painting Spring**

Join us to paint a lovely artwork of  
daffodils or create your own version  
of Spring.

When: Tuesday, 4 October 2022  
Time: 10.30am to 12.30pm  
Where: HPFC, 58 Wollombi Rd,  
Muswellbrook

Ring 65433566 to register

**Parenting courses**

**FREE**

**Triple P**  
Positive Parenting Program  
For every parent

Adults parents with understanding  
themselves and their children, children's  
development, managing behaviour,  
planning ahead and positive behaviour  
management strategies.

**123  
Magic**  
Parenting and  
Emotion Coaching

Helps parents understand that children  
need to have emotional control over their  
behaviour and assist them to self soothe  
and become logical thinkers. The 123 Magic  
also is how to use coaching for children to  
behave in ways that are appropriate.

**Circle of Security Parenting™**  
COSP

Raise a resilient &  
secure child

Imagine what it might feel  
like if you were able to  
make sense of what your  
child was really saying  
from you. The Circle of  
Security Parenting™  
program is based on  
research about how secure parent-  
child relationships can be  
supported and strengthened.

**THE SHARK CAGE**  
The 5-step framework  
is a way of preventing  
and understanding  
violence against  
girls and women.  
It is relevant for  
women who  
experience  
more than one  
instance of abuse  
in their lives and  
may have begun to  
internalise social  
messages of victim  
blaming.

**Engaging Adolescents™  
PARENT COURSE**

Helps parents understand their teens and  
how to help them handle their emotions  
and to make logical choices, rather than  
acting on impulse. It also helps parents have  
those difficult conversations with their  
teenagers that get you all on the same page.

**UnitingCare  
Burnside**

Parents learn how to encourage their children's  
development from birth to 8 years so that they  
are ready for formal school education. It  
explores brain development, gross and fine  
motor skills, literacy and numeracy, children  
and transition to school. We use this model as  
part of our Supported Playgroup.

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**SPRING INTO THE LIBRARY FOR  
SCHOOL HOLIDAYS!**  
MUSWELLBROOK & DENMAN LIBRARIES

**DIY WORM FARMS**  
Build your own worm farm at the  
library this school holidays at our  
FREE DIY Worm farm activity. This  
activity will be messy!  
Bookings essential!  
**MUSWELLBROOK LIBRARY**  
Friday, 7th October from 10:30am.

**MAKE YOUR OWN SEED PAPER**  
Learn how to make your own seed  
paper at the library this school  
holidays with this hands on FREE  
activity.  
Bookings essential!  
**MUSWELLBROOK LIBRARY**  
Thursday, 29th September from  
10:30am.

**DENMAN LIBRARY**  
Friday, 30th September from 10:30am.

**STORY TIME**  
**MUSWELLBROOK LIBRARY**  
AGES 3-5  
(Siblings welcome)  
Join Paula Stevenson as she shares  
her book 'Buster follows his nose'.  
Thursday 6th October from 10AM

**DENMAN LIBRARY**  
AGES 0-5  
(Siblings welcome)  
Thursday 6th October from 10AM.

**BABY RHYME**  
**MUSWELLBROOK LIBRARY**  
AGES 0-3  
Monday 26th September from 10AM

**Growing Readers**  
Reading Challenge

**DON'T FORGET TO REGISTER FOR OUR  
GROWING READERS CHALLENGE**  
REGISTRATIONS NOW OPEN

Grow your reading habit with Beantack!  
Just 20 minutes of reading a day will put you well on your  
way to completing this challenge.  
Read by yourself, to a friend, teacher or adult. Remember  
to log your reading each day to reach your target and earn  
cool digital badges!  
Visit our website or branches for more information and to  
register for 'Beantack'!

Muswellbrook Shire Libraries

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