



ABERDEEN PUBLIC SCHOOL NEWSLETTER



10th September 2019, Week 8 Term 3

Website <https://aberdeen-p.schools.nsw.gov.au>

FORTHCOMING DATES

September

Thursday 12th Term 3 P & C Disco
Wednesday 18th Stage 3 Science Fair
Thursday 19th P & C Meeting 6pm
Friday 27th Last Day of Term 3 (Holidays)

October

Monday 14th Term 4 commences
BANKING DAY IS THURSDAY

MAKING HISTORY

During his time at APS, Ziggy has meticulously collected and handed in his awards to work his way through the Merit Stage. Receiving first the Merit Badge followed by the bronze, silver and gold bars, Ziggy was well on his way to the next stage in our leveled reward system. After receiving his 5th Principal Award at last Friday's assembly, Ziggy became the first student to be awarded the Bronze Excellence Disc. Congratulations, Ziggy!

Ziggy's parents Linda and Matt were both in attendance and extremely proud of their history-making son. After receiving his Bronze disc, Ziggy helped present the Principal's Awards. It was lovely to hear him offering words of encouragement to our younger students as he congratulated them.

I wonder who will be next to receive a Bronze disc?



Congratulations to Ziggy T. the first ever recipient of the Bronze Excellence Disc.

Levelled System of Awards at APS



MERIT STAGE

- 10 PBL/Merit awards OR 5 Principal's = Level 1 = Merit Badge
- 10 PBL/Merit awards OR 5 Principal's = Level 2 = Bronze Bar
- 10 PBL/Merit awards OR 5 Principal's = Level 3 = Silver Bar
- 10 PBL/Merit awards OR 5 Principal's = Level 4 = Gold Bar

EXCELLENCE STAGE

- 10 PBL/Merit awards OR 5 Principal's = Level 5 = Bronze Excellence Disc
- 10 PBL/Merit awards OR 5 Principal's = Level 6 = Silver Excellence Disc
- 10 PBL/Merit awards OR 5 Principal's = Level 7 = Gold Excellence Disc

ROCHELLE'S FUNDRAISING HITS HIGH GEAR

Don't forget, this Friday Rochelle will be cutting her locks to donate to Variety who will use the hair to make approximately 15 wigs for those who have lost their hair due to cancer treatment. Rochelle has also been working hard with the support of family and friends to raise funds to donate the Cancer Council. Last Sunday, Rochelle and her band of supporters were up at first light manning the BBQ outside Barton's Newsagency. Many thanks to Coles, Scone who donated eggs, bacon and rolls, allowing 100% of the proceeds from the BBQ to be donated to the Cancer Council.



BUY A CUPCAKE, HELP FIND A CURE

Students can support Rochelle by purchasing from her cupcake stall on Tuesday and Thursday, buying an ice block from the canteen and donating a gold coin on Friday to have their hair 'chalked'. Come on everyone, let's give generously and help Rochelle give those who need our help a brighter future.



MERIT BADGES

It is the student's responsibility to care for their badge. The Merit Badge should be worn with pride and honour. Lost or damaged badges can be replaced for a fee of \$10. If the badge is faulty we will gladly replace it.

TELL THEM FROM ME SURVEYS

Every year our school participates in the Tell Them from Me Survey, where students in Years 4-6 and parents get the opportunity to provide us with some anonymous feedback. We need as many parents as possible to complete the survey so we can get valuable information that influences planning for our school. All parents are welcome to participate and it will only take a few minutes. Miss McAllister will be coordinating these surveys and Mrs Keegan will join her outside the hall before Assembly each Friday to try and get as many families to complete the survey before the end of term. You may alternately like to go online and use this link to complete the survey.

<http://nsw.tellthemfromme.com/zb68y>

DEBATING

We know all children can argue, but we have some who are becoming renowned for it! Congratulations to our team of debaters who competed at the Zone competition last week in Singleton. Putting on a spectacular performance, the students were unlucky to walk away without the prize in this round. Showing that practice and hard work pays off, Toby, Charlotte B, Ta'Kaya and Charlotte W. gave their best performance as individuals and as a team. Despite their disappointment with the result, the students valued the experience. Well done to all of you for a gallant effort. We are all very proud of you.

Thank you to Miss McAllister for working with our debaters to develop their skills, for organising the gala day and debating rounds at APS, and for transporting debaters to Singleton last week.



Well done to our top arguers – the APS Debating Team.

Lost Property

We have many items in lost property at present.

Please come and search for missing items. If items are not claimed they will be washed and kept in our clothing pool or given to charity at the end of term.

Please label your child's clothing so that we can return it to them.

BUSY BEES

We were thrilled to have most of the children who will join us in Kindergarten in 2020, attend our transition day. Known as our Busy Bees program, the children enjoyed a range of activities, including arts and craft, building, ploughdough and so much more. Busy Bees is on every Wednesday from 11.30pm-2.30pm until 13th November 2019.

We have lots of lovely photos we would like to share of our Busy Bees but cannot do so until we have media permission for the children. Parents of our Busy Bees, if you have not provided consent for your child's image to be published and wish to do so please completed the Media Permission form at the front office. You would have received this when you collected the enrolment but if you require another, the front office will be more than happy to assist you.



CONGRATULATIONS K RED

Last Friday, K Red received a very special treat from our lovely P&C mums. K Red was rewarded for raising the highest combined total of student sponsorships for the Run4Fun Colour Explosion fundraiser. The children enjoyed cupcakes and milkshakes as a special thank you for working hard to raise money for our shade shelters and the Aberdeen 208 Fire Crew's MND Stair Climb.

YOUTH COUNCIL

This week, Charlie and Toby will attend the Upper Hunter Youth Council meeting in Merriwa. The Youth Council provides young people with an opportunity to have a voice in the community. The Youth Council has been responsible for organising a variety of local events for young people in the Upper Hunter. I look forward to hearing about what they have planned next at Friday's assembly.

ZONE SPELLING BEE

Well done to Charlie and Natalia who represented Aberdeen PS at the Zone Spelling Bee last week. It is wonderful to have students represented in the academic areas of school life. I'm sure the competition has heightened their enthusiasm for next year's Spelling Bee.

You did it! Congratulations

SILVER BAR Ethan W.
BRONZE BAR Dominic S.
MERIT BADGE Ciannah S.

PRINCIPAL'S AWARDS

K RED Lochlan J. - consistent improvement when learning to write letters and words.
K/1 PURPLE Maddison N. - engaging enthusiastically in class conversations.
1/2 LIME Koby I. - excellent use of interesting verbs when writing.
1/2 YELLOW Sam Wells - striving for excellence in mathematics.
3/4 BLACK Jacob M. - outstanding respect during yoga lessons.
3/4 ORANGE Lilly R. - using fabulous gestures and expression during her speech on Plastic Pollution.
5/6 GREEN Rochelle M - displaying enthusiasm and commitment when participating in debating.
5/6 MAGENTA Korbz F. - outstanding efforts to verbalise his mathematical thinking.

MERIT AWARDS

K RED Leyon W.
K/1 PURPLE Madeline C.
1/2 LIME Morgan A.
1/2 YELLOW Sam M.
3/4 BLACK Abbergail N.
3/4 ORANGE Grace G.
5/6 GREEN Angus S.
5/6 MAGENTA Fletcher D.

PBL AWARDS

K RED	Lilly M.	Respect
K/1 PURPLE	Skye M.	Personal Best
1/2 LIME	Nevaeh McD.	Respect
1/2 YELLOW	Brax C.	Responsible
3/4 BLACK	Charlea M.	Responsibility
3/4 ORANGE	Riley B.	Personal Best
5/6 GREEN	Kelsea R.	Responsible
5/6 MAGENTA	Jett P.	Respect



K/1 PURPLE – Miss Lenton

We have been busy workers with our new personal desk offices and writing has been a breeze. Notes for the excursion went home last week so please make sure you return your note and money as soon as possible to confirm your place. We have had many items without names on them showing up around the classroom. Items with no

name are sent to lost property at the end of the week so please label everything. Our dirty vs clean hands experiment has shown us all exactly why we need to keep our hands clean and out of our noses. Check out our bread samples.



1/2 YELLOW – Miss Clendinning

Borrowing day is this Thursday, please check for any library books so they can be returned. Last week the excursion note to Blackbutt Reserve and Newcastle Museum was sent home, please return this note ASAP. If you have any issues with the excursion, please contact me via Seesaw. Please check in with Seesaw for any notes and announcements regularly to ensure you do not miss out on important information.



Art in 1/2Yellow

3/4 BLACK – Mrs McTaggart

We have had no claims on the lost property posted in SeeSaw last week. If you haven't checked yet, please do so as we love getting 'Tidy Ted' and may not continue to receive Tidy Ted if our room is home to lost property. Library - Students will have class time to borrow and return books from our school library every second Wednesday (even weeks). It is our library day tomorrow.



3/4 Black enjoying yoga with Mrs Wright on Monday mornings.

5/6 MAGENTA – Mrs Pennell

Don't forget the Stage 3 Science Fair is approaching very quickly. Students have had the opportunity to work on their booklets during class time, but it would be great for parents and families to encourage their children at home to ensure they are ready with their presentations on the day!



P&C NEWS

Disco: Our Term 3 disco is on this Thursday, notes for the entry and meal deal needed to be into the office today. There will be additional drinks, chips and lollies for sale on the night.

Lions Club 5c Drive: To support the Lions Club with their 5c drive, we will be donating \$1 from every disco entry this Thursday night.

Colour Run: Our top raising class - K Red were treated to milkshakes and cupcakes last Friday. Thank you to Bree & Bec B. for organising this.

Next Meeting: We decided at our last meeting to trial meetings on a Thursday evening. Our next meeting will be on Thursday 19th September. Our meetings are open to everyone.

Nacho Special this Friday \$5



Canteen Roster

Wednesday 11th Sept. - Jamie Loneragan
Friday 13th Sept. - Liz Austin & Tara Mohr
Monday 16th Sept. - Jayde Foley & Amie Riley

ABERDEEN PUBLIC SCHOOL NEEDS YOUR RECIPES!

We are putting together a community cookbook to raise funds for the playground shade structures.

There is a category for any family favourite you have, from soups, starters and mains, to gluten free and vegan, to desserts and kid's cooking.

Please leave your recipes at the office for collection, or email them through to apscookbook@hotmail.com

Contact Liz on the email above if you have any questions.

Any businesses interested in placing a black and white advertisement in the cookbook for a donation, please email Liz with contact details to discuss further.

WELLBEING AND PBL CORNER

CORE EXPECTATION: RESPONSIBILITY

DESIRED BEHAVIOUR: BE A TEAM PLAYER

“

Individually, we are
one drop. Together, we
are an ocean.”

Ryunosuke Satoro

ABERDEEN PUBLIC SCHOOL KINDERGARTEN 2020 ‘BUSY BEES’



ORIENTATION PROGRAM

Parent Information Evening
Wednesday 28th August
6pm – 7.30pm

Early Bird Sessions
11.30am – 2.30pm

Wednesday 4th September

Wednesday 11th September

Wednesday 18th September

Wednesday 25th September

Wednesday 16th October

Wednesday 23rd October

Wednesday 30th October

Wednesday 6th November

Wednesday 13th November



CHANGES TO SCHOOL COMMUNICATION SERVICE

Please be advised that we have discontinued use of the Skoolbag App and it has been replaced with **Skool Loop**.

Don't forget to turn on notifications on your phone to receive **instant alerts** from us via the **Skool Loop App**.



Simple free download: In Google Play or App Store search "Skool Loop" & choose our school once installed





**BRAD WESTGATE
TENNIS ACADEMY**

Run by  (Located at Muswellbrook Park Tennis Club)

SCHOOL HOLIDAY TENNIS CAMP


Tuesday 1st October 2019
8.30 to 12 noon.

Cost: \$45 per child

INVITE A FRIEND WHO HASN'T BEEN BEFORE & GET \$10 OFF

For more information & to grab a rego form...
Ph Brad on: 0403 195 100,
Email: bradwestgatetennisacademy@yahoo.com.au or
find us on Facebook (Brad Westgate Tennis Academy)

Registration forms need to be in by 24th Sept 2019




EVERY DAY COUNTS...


A day here or there doesn't seem like much, but...

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means that the best your child can achieve is...
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 1/2 years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 1/2 years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

Give your child every chance to succeed...



Achieve Tomorrow





NAIDOC

FAMILY FUN DAY

SATURDAY

September 21st 2019

11:00AM to 8:30PM

MUSWELLBROOK SHOW GROUND

EVERYONE WELCOME!!

Twilight Markets 4pm - 8pm

• CULTURE • MUSIC • WORKSHOPS • DEMONSTRATIONS

• TWILIGHT MARKETS • KIDS ACTIVITIES • SPORTS • RIDES

• JUMPING CASTLES • FACE PAINTING • ELDER'S TENT

• FIREWORKS • ANIMAL DISPLAY • NAIDOC CAKE

AND LOTS MORE!!!



MACHEnergy

Mount Pleasant Operation



RURAL ADVERSITY MENTAL HEALTH PROGRAM PRESENTS

FREE Family MOVIE NIGHT

How to Train Your Dragon:
The Hidden World

FRIDAY, SEPTEMBER 27
GATES OPEN 4.30PM
'THE PRETTY AMAZING JONO' APPEARING FROM 5PM
MOVIE STARTS 6.30PM
MUSWELLBROOK RACECOURSE

ENTRY - FREE! ENTERTAINMENT - FREE! BBQ - FREE!
DRINKS AVAILABLE FOR PURCHASE AT THE BAR

PROUDLY SUPPORTED BY




SATURDAY 21st & SUNDAY 22nd SEPTEMBER Scone Short Film Festival

Now in its 11th year, featuring a fantastic selection of world class Australian short films.

Come on Saturday evening, 6.30 - 10.30pm, for the red carpet event, dress up if you like. Meet our film guests, and enjoy wine and supper before the screening, and dessert and tea or coffee afterwards. Tickets \$30.

A casual encore screening of the film program, will be at 11am - 12.40 on Sunday morning. Tickets \$15. A delicious homemade morning tea will be available from 10.30am.

Tickets online at www.sconefilms.org.au or from Hunt a Book, Scone.

Venue: Scone Films Pop-up Cinema, Senior Citizen's Centre, Oxford Road, Scone.

Details www.sconefilms.org.au

www.facebook.com/sconefilms Tel: 0428 508326



Information for the 2019/2020 Season

Muswellbrook Amateur is a very relaxed club, we are all about fun and participation.

We cater for athletics 5 years to 90 years with age races and field events. Siblings under 5 years are encouraged to enter a chippy race each session at 6pm.

Cost for the season is \$40. Early bird rate of \$20 if registration is completed by our final registration evening, Friday 20th September.

Information & Registration nights will be held on Friday 13th September and Friday 20th September at Weeraman fields 6pm-7pm,

Sessions are held on a Friday evening 6pm-7pm at Weeraman fields, Muswellbrook during Term 4 2019 & Term 1 2020. First session will be Friday 18th October.

For information contact Malcolm 0409 545 549 or Rachelle 0429 198 428



[Muswellbrook amateur athletics club](https://www.facebook.com/muswellbrookamateurathleticsclub)



SunSmart Snippet

The simplest way

... to apply sunscreen correctly.

Sunscreen protects against the damaging effects of the sun by reducing the amount of ultraviolet (UV) rays that reach the skin.



Make sunscreen a habit:

- Use SPF 30 or higher, broad spectrum water-resistant sunscreen
- Apply 20 minutes before going outside
- Re-apply every 2 hours (or after any activity that may remove it)

Sunscreen does not block UV radiation and no sunscreen provides 100% protection. Remember to use SunSmart hats, clothing, sunglasses and seek out shade.

To help keep your kids safe in the sun, check your schools SunSmart status by heading to www.sunsmartnsw.com.au



Nutrition Snippet

The simplest way

... to get enough calcium.

The biggest opportunity to build strong bones is in childhood, when children are still growing.

This is why it is extremely important that children eat enough calcium rich foods such as milk or calcium fortified dairy alternatives (e.g. soy milk), cheese and yoghurt. Visit the dairy section of our [lunch box builder](http://lunchboxbuilder.com.au) to see how many dairy serves your child needs and to get calcium rich lunch box ideas.



Visit healthylunchbox.com.au and try these calcium rich recipes:

- [Minty yoghurt dip](#)
- [Berrylicious smoothie](#)
- [Turkish, avocado, ricotta & tomatoes](#)
- [Easy Pizza](#)

healthylunchbox.com.au

ARTS UPPER HUNTER PRESENTS A CHOO CHOOTROUPE PRODUCTION

YOU'LL NEVER GUESS WHERE I HID THE CHEESE

A FAMILY SHOW

"A fantastic and laugh-inducing ride"
Popculture-y

BOOKINGS:
Online: \$5 + bf
At the door: \$10
123tix.com.au
6541 4776

DUNGOG SINGLETON MUSWELLBROOK	MON 23/9 TUE 24/9 WED 25/9	MERRIWA SCONE MURRURUNDI	THU 26/9 FRI 27/9 SAT 28/9
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NSW ARTS TOUR CHOOCHOOTROUPE arts UPPER HUNTER

Did you know?

If students miss as little as eight days in a school term, by the end of primary school they will have missed a year of education.