



ABERDEEN PUBLIC SCHOOL NEWSLETTER

22nd October 2019, Week 2 Term 4

Website <https://aberdeen-p.schools.nsw.gov.au>



FORTHCOMING DATES

October

Thursday 24th K-2 Excursion to Newcastle
Wednesday 30th Year 6 Mini Fete 4pm – 7pm

December

Wednesday 11th Presentation Day
Thursday 12th Year 6 Farewell

BANKING DAY IS THURSDAY

ROCHELLE RECEIVES FRED HOLLOW'S HUMANITARIAN AWARD

Congratulations to Rochelle M. who was one of a select group of students from across NSW who received a Fred Hollow's Foundation Humanitarian Award last week. Rochelle was nominated by the school last term for her fundraising efforts to support the NSW Cancer Council and her selfless act of cutting her waist-length hair to give to Variety to make wigs for children. Rochelle and her mum, Amie, were overwhelmed by the attention Rochelle received from event organisers and patron, Mrs Gabby Hollows who spent considerable time chatting to Rochelle and Amie following the ceremony. Back at school Rochelle was congratulated by her peers and teachers at the whole school assembly before celebrating her award with a small group of friends and family at a special morning tea held in her honour at school last Friday.



Celebrating the Fred Hollow's Foundation Highly Commended Award with friends and family.

We, at Aberdeen PS, are very proud of Rochelle and it seems good news travels quickly. Rochelle was interviewed by ABC radio on Sunday and has also been approached by NBN. Exciting times ahead and it seems Rochelle is not

prepared to rest on her laurels, she is already considering her next project.

CONNOR'S CARE PACKAGE PROJECT

Eager to meet their care package target, cadet Connor S. asked his mum Jodie if he could put a post on her Facebook page requesting donations of specific items the cadets needed for care packages. Connor hoped he would get enough donations to make up 30 care packages so imagine his surprise when he ended up with enough items to make up 108 care packages!



Connor surrounded by 108 of every item pictured above. Thank you to all who donated to the Care Package project.

To build on the holiday haul, Connor has set a new goal – **200 care packages by Christmas** and he has invited us to help. This is exciting news for our students as Connor will be selling **ice blocks for 50 cents each on Tuesdays and Thursdays, at lunchtime**. At recess tomorrow and again on Tuesday in Week 4 and Week 6, Connor will be holding a **cake stall**. All monies raised will go directly to the purchase of items for the packages (shown in the photo below). Connor will keep everyone updated on the progress towards the target using a 'package-o-meter', which will be on display in the window of the office verandah.



Items needed for a care package. Donations welcome.



SCARLET FEVER ALERT

We have had two confirmed cases of Scarlet Fever over the past week. An information note advising of the symptoms and required medical treatment was sent home with all students last week. If you require more information or did not receive the note, please refer to our school website.

TEDDY BEARS' PICNIC FUN

Last Wednesday, students in K-2 and our Busy Bees enjoyed a picnic lunch with their teddy bears. There was an abundance of plush toys and teddies of all shapes, sizes and colours as well as plenty of dress up fun, parachute games and treats for all. Our Busy Bees were introduced to their Year 1 buddies for the first time. This is a new initiative to support our already successful Year 6 buddy program. The Year 1 students were so excited to be a 'little buddy' to our Busy Bees. The 'Little Buddy' program aims to extend the network of support for our youngest students in their first year of school, especially as the year progresses and our 'big buddies' (Year 6 students) take on other responsibilities within the school.

A smile says a thousand words...



Nate and his 'little buddy' Sammy.



Heidi shows off her special teddy bear.



Lucas and Clancy are eager to be Beau's little buddies.



Busy Bee, Lily, looks very pleased with buddy, Holly.

WELLBEING AND PBL CORNER

CORE EXPECTATION: RESPONSIBILITY

DESIRED BEHAVIOUR: TEAMWORK

STRENGTH: SOCIAL INTELLIGENCE

FOCUS: 'TUNING IN'

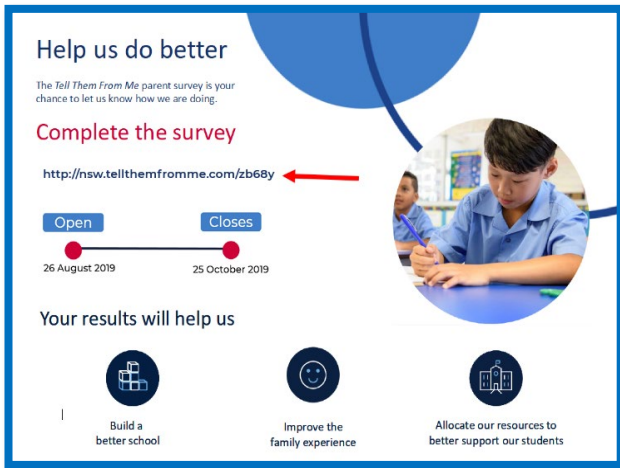
Sometimes when we are talking with someone our attention wanders, we may start trying to do other things at the same time (multi-tasking). Multi-tasking affects our ability to 'tune in' to a person's words and body language. This can result in a misunderstanding or miscommunication. To be fully receptive to what people are saying, we need to tune in and give them our full attention. This is called, being present in the moment.

TELL THEM FROM ME SURVEYS

Every year our school participates in the Tell Them from Me Survey, where students in Years 4-6 and parents get the opportunity to provide us with some anonymous feedback. We need as many parents as possible to complete the survey so we can get valuable information that influences planning for our school. All parents are welcome to participate and it will only take a few minutes. The survey closes this Friday 25th October, and your participation is very much appreciated.

Please use the link below to access the survey.

<http://nsw.tellthemfromme.com/zb68y>



MERIT BADGE Sienna L.
SILVER BAR Cameron D. (presented at last week's assembly)

PRINCIPAL'S AWARDS

K RED Melodee R. – consistent improvement when using punctuation in her writing.
K/1 PURPLE Coby R. - being responsible and remaining on task in independent activities.
1/2 LIME Ethan T. - well thought out explanations during mathematics.
1/2 YELLOW Holly G. – showing dedication to her learning by always trying her best and striving for success.
3/4 BLACK Sammy D. - enthusiastically working as part of a team to find all the reasons why we need to be safe.
3/4 ORANGE Jagah H. – drawing on his strength of perseverance to solve problems with coding.
5/6 GREEN Sebastian M. - excellent contributions to our High School Experience drama lesson.
5/6 MAGENTA Kallen R. – helping other Year 5 peers during technology sessions.

MERIT AWARDS

K RED Callie K.
K/1 PURPLE Bailey L.
1/2 LIME Amelia L.
1/2 YELLOW Grace P.
3/4 BLACK Abbergail N.
3/4 ORANGE Koby K.
5/6 GREEN Cydi W.
5/6 MAGENTA Douglas W.

PBL AWARDS

K RED	Lilly M.	Respect
K/1 PURPLE	Ciannah S.	Respect
1/2 LIME	Sophia H.	Responsibility
1/2 YELLOW	Hunter W.	Responsibility
3/4 BLACK	Natasha B.	Responsibility
3/4 ORANGE	Ethan N.	Responsibility
5/6 GREEN	Preston B.	Personal Best
5/6 MAGENTA	Chloe C.	Responsibility

SCHOOL FEES DUE

Voluntary School contributions for 2019 are \$35 per student or \$70 for 2 students or more in a family.
 Payments can be made at the office.



K/1 PURPLE – Miss Lenton

We have our excursion to Newcastle this Thursday. Just a reminder that we leave at 8am sharp so students will need to be at school with their hat, food and drink bottle at 7.45am. Homework went home last week and it was great to see the enthusiasm from students who wanted to return it the next day. It was great to see all the teddies last week at the Teddy Bears' Picnic. We had a ball playing games with the Busy Bees and Year 1 students enjoyed meeting their buddy, who they will help support next year when the Busy Bees start Kindergarten.



Fun at the Teddy Bears' Picnic (courtesy of 1/2 Yellow)

1/2 YELLOW – Miss Clendinning

1/2 Yellow have hit the ground running and are showing that all their hard work throughout the year has paid off. Everyone has come back settled and ready to learn in the classroom. Our new library day is Tuesday, please remind your child to return their books so they can borrow each week. This Thursday is our **excursion to Blackbutt Reserve**, please see the details below.

Time: 7.45am for 8am departure, returning at approx. 4.00pm.
Where: Blackbutt Reserve & Newcastle Museum
When: Thursday 24th October 2019
Clothing: School uniform, hat, sensible walking shoes, sunscreen
Food: Morning tea, lunch, afternoon tea and a water bottle.

3/4 Black – Mrs McTaggart

Organisation

Library day is on Thursday this term. Please help your child look for any missing library books.

Homework was sent home this week. We are trialling a homework grid that will be used for the next 4 weeks. It is important that students do not lose this grid so please remind them to glue it in if it is not already glued into their homework books. Students will receive new spelling words each week as usual and are asked to bring their homework books in on Friday to share which activities they completed during the week.

What's happening?

Year 4 students will be out at Scone High on Wednesday at a STEM day. Year 3 students will be split across other classes for the day and will have assigned work to complete.

In Maths, we are focusing on multiplication and division. In English, we are attempting a variety of short writes and looking closely at sentence structure. Our focus this week is the use of conjunctions.



3/4 Black have been looking at the character strength teamwork and the PBL focus of be a team player.

P&C NEWS

Canteen:

Please find attached new canteen menu to this week's newsletter. We are looking for a volunteer to run the canteen on Monday 28/10 otherwise, we may have to close the canteen. If you can help, please contact Amie ASAP.

Canteen Roster:

Wednesday 23/10 - Tracey Malone
Friday 25/10 - Bec Bailey & Jodie Mayall
Monday 28/10 - **no volunteers**

2020 SCHOOL TRAVEL APPLICATIONS NOW OPEN

Applications for student travel in 2020 opened on Friday, 11 October 2019.

Students progressing to Year 3 and Year 7 no longer need to re-apply if they:

- are continuing at the same school
- are residing at the same address
- have not been sent an expiry notification from Transport for NSW.

Where a student meets the **new distance eligibility**, the system will automatically update their entitlement. If they do not meet the new eligibility, they will receive an expiry notification via email.

Students who have an **entitlement approved under a medical condition** which is due to expire will receive a notification advising them to re-apply.


Term Bus Pass holders will receive a notification to re-apply.

If students need to update their information or re-apply, they should go online to:
<https://apps.transport.nsw.gov.au/ssts/updateDetails>

SCHOOL ATTENDANCE

It is a legal requirement that any child over the age of 5 years attend school. When a child's attendance rate drops below 85%, the school is required to notify parents of the school's concern regarding the child's absences. If attendance does not improve, the school will issue a letter advising that any leave from school must be accompanied by a medical certificate. Failure to meet this requirement or continued poor attendance will result in a referral to the Home School Liaison Officer.

Did you know that if your child misses an average of one day a week of school by the time they reach Year 12 they will have missed over two and half years of school?



EVERY DAY COUNTS...


A day here or there doesn't seem like much, but...

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means that the best your child can achieve is...
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 ½ years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 ½ years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4


Give your child every chance to succeed...

#SchoolExtra

Attend Today



Achieve Tomorrow



SCHOOL BANKING SURVEY

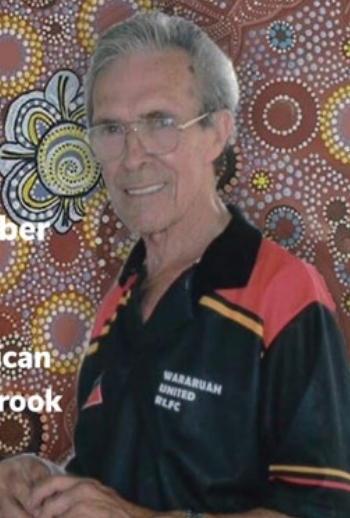
Australian Securities and Investment Commission (ASIC) recently announced that it is seeking the public's views of school banking programs to help inform its review. ASIC would like to hear from you by responding to the short survey and providing any other feedback. Simply visit: consultation.asic.gov.au/financial-capability/review-school-banking-programs/

WITH RESPECT

**Funeral Service of
Barry Charles French**

11:00am
**Thursday October
24th 2019**

**St. Alban's Anglican
Church Muswellbrook**



PLAY CRICKET!

HAVE A BLAST PLAYING CRICKET! THERE ARE OPTIONS FOR KIDS OF ALL ABILITIES AGES 5-17
- WHETHER IT'S YOUR FIRST TIME WITH A BAT OR YOU'RE A COMPETITIVE CRICKET STAR!



JUNIOR BLASTERS
Ages 5-8 Tuesdays 4.30 - 5.30pm
Starting date: 22 October 2019
Running for 8 weeks
Learn new skills, including catching, throwing and teamwork, through fun game based activities.
Come and learn to play and have fun.



STARTER KIT



RETURNER KIT



JUNIOR CRICKET U10's
Ages 9-10 Saturdays 8.30am onwards
Starting date: 19 October 2019
U10's Training: Tuesdays 4.30 - 5.30pm
Coach: Matt Brabant - 0400 688 872





JUNIOR CRICKET U12's
Ages 10-12 Saturdays 8.30am onwards
Starting date: 19 October 2019
U12's Training: Tuesdays 4.30 - 5.30pm
Wednesdays 4.30 - 5.30pm
Coach: Michael Levy - 0412 998 652





JUNIOR CRICKET U14's
Ages 12-14 Saturdays 8.30am onwards
Starting date: 19 October 2019
U14's Training: Tuesdays 4.30 - 5.30pm
TBA
Coach: Ray Davis - 0427 700 980



Aberdeen Junior Cricket Club
Registrations still open @ www.playcricket.com.au
Contacts
Mel Buttle - 0409 903 653
Blasters - 8 weeks
Michael Levy 0412 998 652
Juniors - 14 weeks



**Celebrating
50 years**

**Barrington Tops
National Park**

Barrington Tops National Park is celebrating its 50th birthday

Free guided tours & activities
Saturday 2nd November 2019

Carved out of ancient volcanic flows, the park rises from near sea level to over 1500 metres and protects one of the largest temperate rainforests in Australia. Barrington Tops National Park is part of the Gondwana Rainforests of Australia, a UNESCO World Heritage Area celebrating its 25th anniversary of listing. Join our celebrations on Saturday 2nd November 2019. BYO lunch and spend the day at Barrington Tops National Park.

NSW National Parks & Wildlife Service will host short guided experiences at popular walks and lookouts:

Honeysuckle Forest:
Free tours commencing at 11am, 12pm, 1pm, 2pm & 3pm.

Polblue Swamp Track:
Free tours commencing at 2pm.

Devils Hole Lookout:
A roving Discovery Guide will be available from 11am to 1pm.

Polblue Camping Area:
Discovery Ranger activities from 10.30am.
Formal ceremony from 11.30am

Note: Polblue campground will be closed to the general public for camping from 1st to 3rd November 2019. Alternate camping available.

For more information: nswparks.info/barrington50

Register your interest.

Email: nsw.juniortalentcoastbranch@environment.nsw.gov.au
or call:
02 6538 5300 (Gloucester office) or
02 6540 2300 (Scone office)

Photo: Honeysuckle picnic area, Barrington Tops National Park, (John Spencer/DPE)

15/173 October 2019

Ecarte Dance Academy
The Upper Hunter's Premier Dance School

ROYAL ACADEMY OF DANCE
REGISTERED TEACHER

CREATIVE KIDS
REGISTERED PROVIDER

ACTIVE KIDS
REGISTERED PROVIDER

Enrolment Day
Sunday 3rd November
Aberdeen Hall - Segenhoe St
1.00pm-2.30pm

Classes: -
RAD Ballet
Pointe
PDA Tap
Jazz
Modern
Stretch
Boys

Ages 2 ½ to seniors
Optional Exams Available
Friday and Saturday Classes

**10% discount
for 3 or more
classes**



amy.ecartedanceacademy@gmail.com 0423740341

 Ecarte Dance Academy

BEES MAKE APS THEIR HOME


This spring, hundreds of bees have been busily collecting pollen from the flowering plants within our school grounds. With the shortage of bees threatening our way of life, APS had decided to embrace the hard working bees. Our students are doing a great job staying out of the way of the insects, allowing them to get on with their work. The bees are obviously appreciative of our kindness and it seems they are eager to be friends. At last week's recess assembly we were surprised to see a large bee wandering the grounds, waving to students and although somewhat shy, I believe our bee friend also gave our lovely office staff a helping hand. We haven't seen the bee since, but we have our fingers crossed it will be back to visit us soon.




Who's that peeking through the bottlebrush?



Bee-ing a friend and helping out in the office.




Accredited Training in Specific Learning Difficulties
How to identify SpLD's
How difficulties overlap
100% of practice strategies to help
Reach and teach every student
www.getintoneurodiversity.com




Teacher Training for
Students with Neurodiversity

7 TOP TIPS FOR SUPPORTING SCHOOL AND COLLEGE WORK

- 1.** Help your child to understand their difficulties. They need to know that it is not stupidity that is causing the problem. It is simply a difference in the way they learn. Be flexible and responsive to the needs of your child. Try asking what works for them and how they learn best.
- 2.** Help your child to make a visual timetable / calendar or show them how to use their mobile phone to organise their school or college day.
- 3.** Make learning fun by relating it to your child's experiences and interests. Allow them to play an active role in coming up with ideas for learning - e.g. making up their own mnemonics to help with spelling ('mouse' - mice only use small entrances); or by drawing pictures to help remember spelling rules.
- 4.** Use games to support learning wherever possible.
- 5.** Relate your child's learning to their hobbies and interests.
- 6.** Encourage learning by experience and discovery rather than being told. Help your child build up knowledge and understanding one step at a time.
- 7.** Communicate with your child's school regularly - let each other know of any events that may have occurred during the day / night - children with ASD can be affected by a culmination of events that may cause challenging behaviour and it is beneficial for professionals to understand the child's recent activities and modify demands accordingly. It can also be useful to record activities in order to notice any patterns in behaviour to understand causes.



 Department for Education

TIPS
#1

This resource is part of the Teacher Training for Students with Neurodiversity course.
© Get into Neurodiversity www.getintoneurodiversity.com



Develop the tools you need to empower children with anxiety

An information session for parents, carers, grandparents, teachers, community members and service providers.

What causes anxiety in preschool and primary school age children? How does it develop?

How do we better identify anxiety in children?

How should we respond to and manage anxiety to help children who are experiencing it?

Dr McLellan will provide information and resources to help answer these questions, including how the Upper Hunter community can now access the evidence-based Cool Little Kids and Cool Kids programs remotely.

Doctor Lauren McLellan, from the Centre for Emotional Health at Macquarie University, is a clinical psychologist, clinical supervisor and early career researcher with expertise and special interest in understanding and effectively treating anxiety in youth.

MANGOOLA OPEN CUT

GLENCORE



23 October 2019 6.30 to 8.00pm
Muswellbrook RSL Club, Auditorium
Free event – light supper provided

For catering purposes bookings are appreciated.
Please call 6542 3555, or book online www.trybooking.com/BFMMG



UPPER HUNTER COMMUNITY SERVICES Inc.



This service is proudly provided to you by:
Upper Hunter Community Services Inc.
UHC Community Centre
Cnr Bridge & Market Streets • Muswellbrook
Phone 02 6542 3555 • www.uhcs.org.au

Aberdeen Public School

Summer Canteen Menu

Open for lunch orders Monday & Friday. Open Wednesday for snacks, iceblocks & drinks.

Snacks:

Air popped popcorn	50c
Plain pikelets (3pk)	\$1
Pikelets with banana & honey	\$1.20
Piece of fruit (seasonal fruit)	\$1
Jatz with cheese (4 jatz, 4 squares of cheese)	\$1
Fruit salad cup (seasonal fruit)	\$1
Frozen Pineapple ring	30c
Frozen watermelon wedge	30c
Frozen orange wedge	20c
Custard cup	\$1
Yoghurt squeeze (blueberry, strawberry, vanilla, fruit salad)	\$1
*Jelly cup (lime, strawberry)	\$1
*Red rock deli chips - sea salt	\$1.50
*Grain waves (sour cream & chives)	\$1.50

Iceblocks:

Ice mony	\$1
TNT mony	\$1
Quelch stick	50c
Frozen twisted yoghurt	\$2
Juices	\$1.20
Frozen juice cups	\$1

Sandwiches/Wraps (can be toasted):

Garden salad	\$3.50
Ham	\$2.50
Chicken	\$2.50
Chicken and cheese	\$2.50
Ham and cheese	\$2.50
Chicken, cheese and tomato	\$3.00
Ham, cheese, tomato	\$3.00
Chicken, cheese and salad	\$3.50
Ham, cheese and salad	\$3.50
Vegemite	\$1.50
Jam	\$1.50
Honey	\$1.50
Cheese	\$1.50

Salad Bowl:

Garden salad (no meat)	\$4.00
Chicken, cheese and garden salad	\$4.00
Ham, cheese and garden salad	\$4.00

Scrolls:

Cheese vegemite scrolls	\$1.50
Cheese scrolls	\$1.50
Ham and cheese scrolls	\$1.50
Garlic Bread	\$1.50

Hot Food:

Chicken burger (flame grilled chicken breast fillet)	\$4.00
Spaghetti bolognaise	\$4.00
Lasagna	\$4.00
Pizza slab	
(BBQ Chicken, Margherita, Ham & Pineapple)	\$3.00
Vegetarian muffin pizza	\$4.00
Chicken and gravy roll	\$4.00
Corn cob	30c
*6pk chicken crackles	\$4.00
*10pk chicken crackles	\$6.00
*Spinach and feta triangles	\$1.00
*Mini spring rolls (2pk)	\$1.00
*Fish fingers (2pk)	\$1.00
*Beef Pie	\$3.50
*Sausage roll	\$2.50

Drinks:

Water (600ml)	\$1
M2Go milk - (Strawberry, Chocolate)	\$2.50
Golden Circle Popper (Orange, Apple)	\$1.50
Chill J (orange & passionfruit, grape, watermelon, blackcurrant, raspberry)	\$2.50
Warm milo	\$1

All orders are to be written on a lunch order bag.

Items marked
* occasional food
all other - everyday food