

# ABERDEEN PUBLIC SCHOOL

## NEWSLETTER

24<sup>th</sup> October 2017, Week 3 Term 4

Website <http://www.aberdeen-p.schools.nsw.edu.au>

### FORTHCOMING DATES

#### October

Wednesday 25<sup>th</sup>

Friday 27<sup>th</sup>

Yr 5 Leadership Day Scone HS

WTAW Gratitude Assembly

National Teacher's Day

SRC Cake Stall

#### November

Thursday 2<sup>nd</sup>

Thursday 16<sup>th</sup>

Monday 20<sup>th</sup>

P & C Disco

High School Musical at SJA

Intensive Swimming begins

#### December

Thursday 7<sup>th</sup>

Wednesday 13<sup>th</sup>

Friday 15<sup>th</sup>

Year 6 Farewell

Presentation Day

Last day of School for Students

APS is a PBL School.

PBL stands for Positive Behaviours for Learning

**READY**

**RESPECTFUL**

**RESPONSIBLE**

Focus Value: **READY**

Focus Area: **Lining up**

Expectations:

- ✓ Walk directly to lines when bell sounds
- ✓ Sit quietly
- ✓ Hats off and belongings in your bag
- ✓ Listen to and follow instructions from teachers and leaders
- ✓ Walk in two quiet lines to your classroom

Thank you to all our students who are READY everyday and meet our expectations for lining up.

### GRATITUDE ASSEMBLY & CELEBRATION

All parents and friends of APS are invited to the Gratitude Project Assembly on Friday 27<sup>th</sup> October. Students will be showcasing work, however there will be no other awards given at this assembly.

### WOULD YOU LIKE TO SAY THANK YOU?

It's not too late if you would like to write a letter or short note of gratitude for a member of staff at Aberdeen PS. If you wish to participate, clearly state who the letter is for and what they do or have done that you are grateful for and why. Place your notes in the 'spotty' box in the school office.

### COLOURFUL T-SHIRT DAY THIS FRIDAY

To celebrate National Teacher's Day and raise awareness of the Where There's a Will charity, students are encouraged to wear a brightly coloured t-shirt to school this Friday. School bottoms, shoes and hats should still be worn.

### BANKING DAY IS THURSDAY

#### CAR PARK SAFETY

##### Notice For Parents and Guardians

Yellow cones are being placed across the driveway of the bottom carpark during the afternoon. Please refrain from parking across that driveway as we are trying to maximise the safety of our students walking to and from vehicles. We appreciate your assistance with this issue.



### HALLOWEEN DISCO - 2nd NOVEMBER

Meal deal orders have now closed. If you wish to attend the disco, please pay your entry fee at the door.

#### CAKE STALL

A cake stall will be running on Friday 27<sup>th</sup> October 2017 with proceeds going to Where There's a Will.

Students in Years 5 and 6 are asked to bring in a plate of cakes, biscuits or slice on the day to be sold on the stall. These can be delivered to the staffroom.

Items will be selling for 50c and \$1.

Thank you in advance for your support.

APS SRC



## PAYMENTS TO THE OFFICE

When sending money and notes to the office, PLEASE ensure they are put in an envelope clearly labelled with your child's name, class and what the money is for.

It is great to see parents using the online payment system, however it would be appreciated if amounts of less than \$10 could be paid in cash at the office.

## HIGH SCHOOL MUSICAL

Our students are invited to attend a performance of the original Disney movie High School Musical, presented by students of St Joseph's Aberdeen on Thursday 16<sup>th</sup> November. Notes were sent home on Monday and are **due back on 30<sup>th</sup> October**.

The cost is \$2.00 per student, which is to be paid at the office. **Please do not pay online.**

## INTENSIVE SWIMMING

Notes were sent home to students who had returned their Expression of Interest to participate in the two week program. **Money and notes are due back to the office by Monday 6<sup>th</sup> November.** This amount may be paid online.

## CLASS SNAPSHOTS

**K Yellow** have been enjoying doing art.



**1/2 Purple**



1/2 Purple Learning about fractions in many different ways.

## 3 Orange



3 Orange enjoy warm up activities in Drama.

**4/5 Red**



and

**5/6 Green**



4/5 Red, 5/6 Green and 5/6 Magenta have been studying the unit, 'What's Cooking?' this semester in Science.

Students were lucky enough to get a visit from Kate Shackleford today from the CSIRO to help us with our science experiment. We looked at two different cooking methods, which were wrapped and unwrapped to see which method was the best when cooking food.



## PBL @ Assembly

<b>K Yellow</b>	Thida A.
<b>1 Blue</b>	Tommy R.
<b>1/2 Purple</b>	Lacie H.
<b>2 Lime</b>	Eli F.
<b>3 Orange</b>	Emily H.
<b>3/4 Black</b>	Logan S.
<b>4/5 Red</b>	Maddy G.
<b>5/6 Magenta</b>	Koby S.
<b>5/6 Green</b>	Lara E.
<b>Teacher</b>	Mr Ramage

The prize this week is Free Time.

## SCHOOL BANKING

It is great to see students continue to bank each week. Congratulations to the following students who received awards at Friday's assembly.

**Bronze Saver Certificates** for making 10 deposits so far this year were awarded to Angus, Connor, Dominic, Ciannah, Callie, Lexia-Lee, Thomas, Ava, Annabelle, Ryder, Memphis J., Bridie S., Toby, Ethan H. and Memphis H.

**Silver Saver Certificates** for making 20 deposits so far this year were awarded to Bridie, Toby, Ethan and Memphis H.

Don't forget to claim a reward when you have 10 tokens. There are some great items on offer.

## LUNCHTIME ACTIVITIES THIS WEEK

This week we have on offer for students:

<b>Monday</b>	Card making Choir
<b>Tuesday</b>	Drama Club
<b>Wednesday</b>	Netball Touch Footy Skills
<b>Thursday</b>	Sewing & Gift making (Handicrafts) Media Club
<b>Friday</b>	Band (Recess)



Students showcase their card making skills during lunchtime activities at APS. I was very fortunate to receive a lovely card hand-made from Reilyn and proudly have it on display in my office. Thank you for your kind message, Reilyn.

## ARE YOU LEAVING US?

We have heard that some of our students may not be returning, if this is the case please notify the front office. This will greatly assist the school with planning for 2018.

## DRUMBEAT PERFORMANCES



Our first DRUMBEAT programs are nearly complete and students are preparing for performances to demonstrate their skills this week. Parents and carers of participating students are invited to attend a 10 minute skills demonstration and a short presentation following, where performers will receive participation certificates. Please note the times and locations listed below. For more information, please contact Mr Hughes through the school office.

### Performance times

Stage 3 – to be advised

**Stage 2 - 2pm Friday 27th October** (at lunchtime line up)

Students: Jackson D., Cameron B., Jordyn F., Lucy M., Madison R., Seth F., Mikayla C., Chloe F., Camden O., Isabell B.

## UNIFORM POLICY

It is the Aberdeen community's expectation that every child wear correct uniform at all times, unless a letter has been sent home from school offering an out of uniform day. The wearing of school uniform encourages good school tone, pride in oneself and a sense of belonging to the school.

### SCHOOL UNIFORM:

Aberdeen PS collared polo shirt

Black shorts or skort

Black or gold socks

Black shoes (joggers may be worn on sport days)

Black Aberdeen PS with gold A or plain black cap or hat



Uniforms can be purchased from Lowes in Muswellbrook. School hats can be purchased at the school office.

**Jewellery:** Jewellery can be a safety issue at school and depending on the item can affect a child's attitude and behaviour. Plain silver or gold studs or small sleeper ear rings only to be worn at school. Dangly large items of jewellery are not acceptable.

**Labels:** As you know students often misplace personal items. To help ensure our ability to return lost items to students, please label all property with your child's name.

## CLEANING STAFF REQUIRED

If you are looking for a career change or thinking of re-joining the work force, contact Broadspectrum to enquire about employment opportunities.

Email: [nswschoolsrecruitment@broadspectrum.com](mailto:nswschoolsrecruitment@broadspectrum.com)

Phone: 02 8855 6451 and speak to the Recruitment Team

Visit our website: [www.broadspectrum.com](http://www.broadspectrum.com)

## SUN SAFETY



### Does my child need sunlight to be healthy?

- Vitamin D is essential for healthy bone growth and is made when skin is exposed to UV radiation. In NSW, most children will get enough vitamin D through their everyday activities.
- Children with very dark skin and babies whose mothers have low vitamin D may be at risk of low vitamin D.
- Sunlight is not the best treatment for nappy rash or jaundice.



### Is sunscreen harmful to my child's health?

There is no evidence that using sunscreen is harmful for children – but remember:

- Sunscreen does not provide complete protection and should always be used with clothing, hats and shade.
- Allergic reactions can occasionally occur. Look for sunscreen made for children or for sensitive skin.
- There is currently no evidence that nanoparticles are harmful to health – however Cancer Council sunscreens do not contain nanoparticles.



### Is my child safe from sunburn in the car?

- Glass blocks some but not all UV radiation, so protect children on long car trips.
- Avoid having car windows open near children.
- Window shades or tinting will provide extra protection.

### Don't forget:



## Protect your child's skin

The cause of almost all skin cancers in Australia is exposure to ultraviolet (UV) radiation from the sun. Children and babies have delicate skin, so limiting their exposure can reduce their risk of developing skin cancer – and help prevent freckles, moles and painful sunburn.



### Top SunSmart tips

- Choose sun-safe clothing, such as longer-style shorts and skirts, and T-shirts and dresses with sleeves, collars or covered necklines.
- Choose a wide-brimmed, bucket-style or legionnaire hat that protects the face, neck and ears. Keep spare hats in your car or bag.



- Encourage play in the shade, but keep hats, clothing and sunscreen on.
- Apply SPF30+ broad-spectrum water-resistant sunscreen to any exposed skin. Reapply every two hours, or more often if wiped or washed off.

#### Take special care of babies:

- When outside, keep babies well shaded at all times.
- Use covers for prams and strollers.
- Sunscreen may be safely applied to any small areas of skin not protected by hats and clothing.



### For more help

- If you have any concerns about sunscreen, vitamin D, nappy rash or jaundice talk to your doctor or chemist.
- Check out [www.cancer council.com.au/sunsmart](http://www.cancer council.com.au/sunsmart)
- Call Cancer Council Helpline on 13 11 20.



### When does my child need protection from the sun?

All areas in NSW experience high levels of UV radiation most of the year – even on cloudy or cooler days.

Check the SunSmart UV Alert daily on [www.cancer council.com.au/sunsmart](http://www.cancer council.com.au/sunsmart) or in the weather section of newspapers. Whenever it is 3 or above, use our top SunSmart tips.

